

(A Contemporary Approach to Playing the Drums)

Dave Black & Steve Houghton

Includes:

- Groove Patterns
- Snare Drum & Bass Drum Independence
- Drum Fills in Context
- Written Charts for Every Tune
- A Play-Along CD with 40 Multi-Stylistic Tracks



alfred.com

contents

Choosing a Drumset to Use with This Book 3	Daisy Bell	21
The Basic Drumset Setup	Hip-Hop #1	22
The Throne	Sixteenth-Note Fill Practice Loop	23
The Snare Drum	Boogie Blues	
The Tom-Tom	Practice Warm-up	
The Floor Tom-Tom	Let's Dance	
The Ride Cymbal	Introducing Two-Bar Fills	
Tuning Your Drums	Using Sixteenth Notes	26
Cross-Tension System of Tensioning 4	Two-Bar Fill Practice Loop	
The Drumset	Flyin' High	
Basic Four-Piece Setup 5	Introducing Syncopation	
Drumset Notation 5	Half-Time Rock	
Basic Music Notation Review 6	Hip-Hop #2	
Getting Ready to Play 6	Cruisin'	
Reading Music Notation 6		
Time Signatures	A Brief History of the Bossa Nova	
Repeat Sign	Introducing the Cross-Stick	
Basic Playing Techniques	The Bossa Nova Rhythm	
The Matched Grip	Practice Warm-up	
Striking the Drum	Cheater Bossa	
Striking the Ride Cymbal 8	Basic Bossa	
The Bass Drum	Latin Independence Exercises	
The Hi-Hat	Medium Bossa Nova	
Practice Warm-up	Brazilian Holiday	36
Jump Back	Introducing 12/8 Time	37
Practice Warm-up	Practice Warm-up	37
Howlin' Dog	Sweetheart Blues	38
Introducing Drum Fills	America, the Beautiful	39
Drum Fill Practice Loop	Introducing the Set-Up	40
Review: Measure Repeat Sign	Swingin' Hard	40
<i>Trash Truck</i>	Introducing the Shuffle	41
Spy Rock	Shuffling Along	41
Review: Dotted Notes	Introducing Jazz	41
Practice Warm-up	Introducing Triplets	42
Mozart Rocks!	The Basic Jazz Ride Rhythm	42
Introducing Two-Bar Fills	Snare Drum Independence Exercises	
Two-Bar Fill Practice Loop	Bass Drum Independence Exercises	
Rockin' 1812 Overture	Jazz Independence Warm-Up	
Introducing the Double Paradiddle	A Swing and a Miss	
and the Paradiddle-Diddle	Snare Drum & Bass Drum	
New Rudiment Practice Loop	Independence Exercises	45
Introducing the Fermata & Ties	Introducing Jazz Fills	
Introducing First and Second Endings 19	One-Bar Jazz Fill Practice Loop	
Dad's Classic Car	Introducing Trading 2's and 4's	
Review: The Sixteenth Note		
Funky Beat	Tradin' the Blues	
Practice Warm-up	Catch Me If You Can	48

About the CD



The CD contains most of the exercises and all of the tunes included in this book, so you may listen and play along with them. On many of the tracks, the drums will fade out so you can play along with the song on your own, and sometimes the drums will fade back in towards the end of the song. The CD tracks also serve as drum models to help strengthen time keeping, improve ensemble playing, clarify phrasing and expand your knowledge of styles.

choosing a drumset to use with this book

If you have completed a beginning snare drum method (such as Alfred's Drum Method, Book 1), you are now ready to move on to Drumset 101 and play a basic four-piece drumset. Although most standard sets include an additional mounted tom-tom, we have left it out of this book for the purpose of simplicity. Once you are comfortable with the material in this book, an additional mounted tom-tom may be added.

The Basic Drumset Setup

The basic four-piece drumset includes a bass drum, snare drum, mounted tom-tom, floor tom-tom, ride cymbal, crash cymbal, and hi-hat.

The drumset should be set up so that you are comfortable! When you sit on the drum throne, the drums and cymbals should be within easy reach, much like your plate, knife, and fork are within easy reach when you are sitting at the dinner table. So, let's "sit at the table."

The Throne

Let's start with the drum stool, called the *throne*. The height should allow a comfortable sitting position, so that your thighs are parallel to the floor or angled slightly downward. When you place your feet on the foot pedals, your legs should be slightly past a 45-degree angle.



The Snare Drum

The snare drum should be positioned about waist level. If the drum is too low, it will limit the use of your hands. When



using the matched grip, the drum should be flat or slanted slightly downward and toward you. Avoid tension.

The Bass Drum

- 1. The bass drum is played with your right foot.
- 2. Play the bass drum using a heel down approach, which means keeping your foot flat on the foot board.
- 3. To play the bass-drum stroke, rock your foot until the beater strikes the head, then immediately return your foot to the up position. Do not leave the beater pressed up against the drumhead.







The Hi-Hat

- 1. The hi-hat is played with your left foot.
- 2. When at rest, the space between the cymbals should be about two inches.
- 3. When you press the foot pedal down, the cymbals come together.
- 4. When you play the hi-hat, use a rocking motion by stepping down on beats 2 & 4 (toe), and then rocking up on beats 1 & 3 (heel).

Track 1

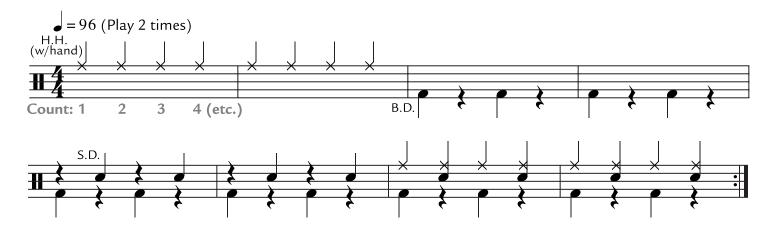




Practice Warm-up

Before playing along with the CD, practice the exercise alone until you are comfortable with it. Play it two times: the first time with drums, and the second without. Be sure to count!

1 to 2 inches



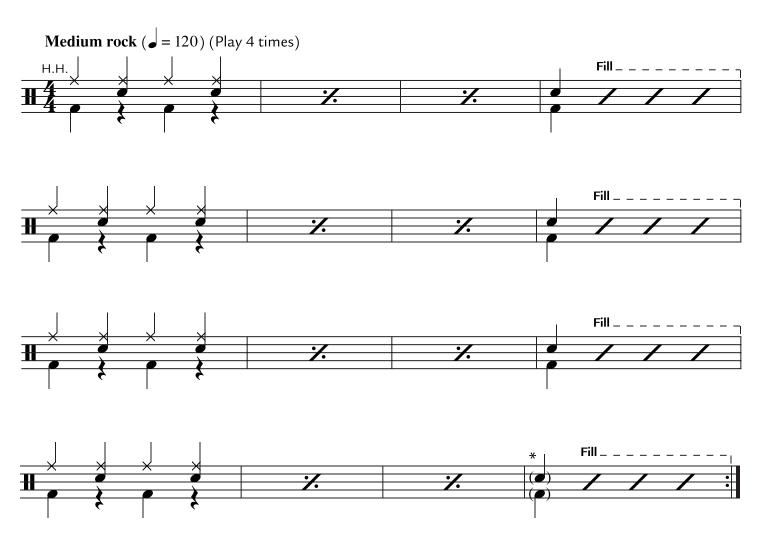
Review: Measure Repeat Sign



This sign tells you to repeat the previous measure.

Trash Truck Track 6

Before playing along with the CD, practice the drum part alone until you are comfortable with it. Remember that the fills should not speed up or slow down. Play this song four times. You may use any of the fills on the previous page or, better yet, make up your own.



* End on beat 1 the fourth time through the song.

